

## Help us Help you by Knowing Your Up to Date Insurance Coverage!

Dr. Bernstein is committed to supporting you in your journey towards optimal health and wellbeing. In order to get to the root causes of your particular issues, more in depth testing may be recommended. These specialty tests may have some out of pocket expenses which can vary greatly depending on your insurance coverage. The Doctor has researched the clinical benefits of these tests. She has also researched which insurance policies best cover which tests so that we can select the best tests considering both your medical and financial needs. In order for us to best serve you, it is helpful if you are aware of your in network and out of network deductibles and how much of each you've used year to date.

Patient Name: \_\_\_\_\_

Name of Insurance Plan (as it appears on your card): \_\_\_\_\_

Amount of your **individual In Network** deductible: \_\_\_\_\_

How much of your **individual In Network** deductible have you used YTD \_\_\_\_\_

Amount of your **family In Network** deductible: \_\_\_\_\_

How much of your **family In Network** deductible have you used YTD? \_\_\_\_\_

Do you have out of network coverage: Yes \_\_\_\_\_ No \_\_\_\_\_

If you have out of network coverage:

Amount of your **individual Out of Network** deductible: \_\_\_\_\_

How much of your **individual Out of Network** deductible have you used YTD? \_\_\_\_\_

Amount of your **family Out of Network** deductible: \_\_\_\_\_

How much of your **family Out of Network** deductible have you used YTD? \_\_\_\_\_

Please circle answers for the following questions:

**Do laboratory services count against in or out of network deductibles? Yes or No**

**Do you have a co-pay or co-insurance for your labs? Yes or No**

**If you have had the same insurance for a while, do you generally get a bill for a portion of your labs? Yes or No** If the answer is Yes, is it small or large? (Please circle one or the other).

You can find out this information by logging into your insurance account on line or phoning your insurance company. The number to call is usually on the back of your insurance card.

We are not always able to access this information for you and therefore we ask that you come prepared with this information when you come to your first appointment and fill it out again any time there is a change in your insurance. Looking at your last explanation of benefit (EOB) mailed to you may also show you what your deductibles are and how much year to date (YTD) you have used.

Please fill this form out close to the time of your first visit so that it is up to date and most accurate!