

## Diagnos-Techs

Diagnos-Techs offers a method of testing saliva called ELISA testing. Saliva testing looks at the “unbound hormone levels” also known as “free fraction hormone levels” which are the hormone levels that are available to be used by the body’s tissues. This gives you a better idea of the levels of hormones that are actually influencing the tissues, rather than just the level of hormones that are present in the tissues. To learn more about saliva testing [Click Here](#).

The Diagnos-Techs website does a great job of explaining the various issues and conditions the tests are being recommended for. It is a great resource for learning more about the endocrine system which involves in this case, the adrenals and sex hormones. To learn more, [Click Here](#). Then click on the particular test of interest and then on the left you will see link options for learning about the test and performing the test.

These tests are done at home and then sent directly to the lab for evaluation.

The costs of these tests are reasonable and are not generally covered by most insurance carriers. Diagnos-Techs will submit to your insurance but it is required that you pre-pay for the test in order to pay the lowest price.