

VIELIGHT

VIELIGHT devices provide photobiomodulation therapy with NIR (near infra-red) light. This NIR light is used to increase energy production in the brain leading to potential improvement in brain function. This may include improved cognition, mood, sleep and sense of well-being.

Brain Bioenergetics



It is important to note that neurons (brain cells) contain mitochondria (energy generators). The process of utilizing the science of photobiomodulation to energize neuronal mitochondria triggers a cascade of beneficial cellular events.

Some potential effects are: *neuroprotective effects, self-repair mechanisms and enhanced function.*^[1]

[1]: “*Neurological and psychological applications of transcranial LEDs*”, Department of Psychology and Institute for Neuroscience, University of Texas

Clinical studies have shown that NIR light of sufficient power density is capable of diffusing transcranially. Thus, the light can penetrate through the scalp, skull and brain to depths of 4 cm or more. Furthermore, the NIR light can also diffuse intranasally, through the nasal channel.

There are a number of devices and their staff is trained to educate you on the device that is best suited for your needs. Their toll free number is 1-877-355-8012.

The promotional code **holistichealing** will provide you with a 10% discount if you order by phone or using their website www.vielight.com.