

DiagnosTechs

DiagnosTechs offers a method of testing saliva called ELISA testing. Saliva testing looks at the “unbound hormone levels,” also known as “free fraction hormone levels,” which are the hormone levels that are available to be used by the body’s tissues. This gives you a better idea of the levels of hormones that are actually influencing the tissues, rather than just the level of hormones that are present in the tissues. To learn more about saliva testing, [click here](#).

The DiagnosTechs website does a great job of explaining the various issues and conditions the for which tests are being recommended. It is a great resource for learning more about the endocrine system which involves, in this case, the adrenals and sex hormones. To learn more, [click here](#) and click on the particular test of interest. On the left, you will see link options for learning about the test and performing the test.

One test we often recommend is the Adrenal Stress Index (ASI). The importance of measuring your cortisol levels is explained in detail. To learn more, [click here](#).

These tests are done at home and then sent directly to the lab for evaluation. Instructions for the ASI are as follows, [click here](#).

Instructions for general saliva and stool collection are as follows, [click here](#).

For DiagnosTechs billing policies, [click here](#). Pre-payments test rates are much lower than the list price that is used for submission to insurance. DiagnosTechs will submit for all insurances except HMO plans. It is best to check with your insurance if you decide to submit.

If you either do not have out of network coverage or your insurance company does not cover the test, you are responsible for the list price amount if you choose to have it submitted to your insurance.

When submitting to Traditional Medicare, an Advanced Beneficiary Notice (ABN) is required and in general the saliva testing is not covered and the patient will be responsible for the pre- pay price of the test.