Doctor’s Data Clinical Services Endocrine Division

Doctor’s Data is a hormone and neurotransmitter testing laboratory. They test sex hormones, melatonin, and diurnal cortisol levels using saliva and neurotransmitters using urine. In addition, they offer DNA analysis for weight issues.

Doctor’s Data states that “each person’s hormone and neurotransmitter levels are very individualized. One-size-fits-all medications and hormones rarely suit the vast majority of people. Knowing your hormone and neurotransmitter levels is a critical first step in restoring balance. Understanding what is going on with your body is fundamental to knowing how to make the right changes to restore your energy, your health and your hope for the future”.

Doctor’s Data offers several panel options:

Neurotransmitter testing with adrenal

Neurotransmitter only

Salivary adrenal

Basic hormone profile

Find Why DNA Testing for weight management

Melatonin is the primary hormone (and also functions as a neurotransmitter) associated with sleep patterns. A disruption in melatonin levels can manifest in a variety of sleep concerns including difficulty falling asleep, difficulty staying asleep and chronic insomnia. This hormone is measured in saliva and can be added to a neurotransmitter and or sex hormone profile as well. For information on melatonin testing, **click here.**

All saliva and urine samples are collected at home, for saliva hormone collection instructions **click here,** for urine neurotransmitter collection instructions **click here.**

For most insurances, it’s recommended to pre-pay, which offers significant savings off of the list pricing. If using an HAS, you’ll receive a receipt in the mail that you can submit.

Medicare and Medicare advantage plans currently do not cover saliva testing and an Advanced Beneficiary Notice (ABN) is required for this portion of the test. Advanced payment for the saliva portion of the test is required.