Mosaic Diagnostics

Mosaic Diagnostics is a research-based clinical laboratory offering testing for metabolic, nutritional, and toxic factors in chronic conditions such as autism, ADD/ADHD, fibromyalgia, and gastrointestinal and neuropsychiatric disorders. They provide a variety of tests including those for toxic chemical exposure, mold toxicity, metal toxicity, food allergies, essential fatty acids, glutathione levels, inflammation, and more.

Their flagship test, the Organic Acids Test (OAT) is a comprehensive metabolic snapshot of overall health, with 76 markers, all from one urine sample. Their laboratory provides reliable, comprehensive, and understandable scientific results, using the latest technology and proven techniques.

The tests we commonly order from Mosaic are the Organic Acids Test (OAT), Mycotoxin, Toxic Non-Metal Chemicals and the IgG Food Map.

If you are doing the Organic Acid Test, **click here** for more information. Scroll down to Specimen Requirements to learn what foods should be avoided 48 hours prior to testing.

If you are interested in testing for possible mold exposure, the Mycotoxin test measures urine metabolites of various toxins produced by the molds. **Click here** for more information about the MycoTox Profile.

If you are interested in testing for possible toxic chemical exposure, the Toxic Non-Metal Toxin test measures urine metabolites of various toxins produced by the environmental toxins. **Click here** for more information about the ToxDetect Profile.

If you are interested in learning about your possible food sensitivities, the IgG Food Map test will reveal various food sensitivities. **Click here** for more information about the IgG Food Map test.

If you know the specific test you want to learn more about, **click here** and select the test you are looking for.

Some BCBS plans will cover some Mosaic testing if medically necessary. If you want Mosaic to file the claim for you, there is a $40 filing fee. These are out of pocket tests for those with most other insurance including Medicare plans. The tests are reasonably priced. **Click here** for payment information.